

## Troop 209

### First Class Cooking Information

*Our goal is for you to pass your First Class cooking requirement on your first attempt. If you do what is detailed in this memo and what is detailed in your handbook, you will be successful.*

*It is a good idea to talk to your patrol and tell them that you are going for this requirement and really need their help to accomplish it. Ask them to agree to do their best for you as one day they too will be going for this requirement or maybe they've already completed it and got the cooperation they needed. Ask for the same courtesy.*

- 1) Read and understand all the First Class cooking requirements in your handbook; 4a, 4b, 4c, 4d and 4e.
- 2) Remember that it is not the goal of this requirement for you to do all the cooking as much as it is that manage the meal prep, cooking and clean up process. You may however, cook as much as you'd like, but you must share the other duties as well
- 3) Plan the menu with your patrol. The meals must be balanced and nutritious. The taste is up to you. Make sure you find out about any food allergies that maybe among your patrol members. Your budget is \$5 per boy, per breakfast, \$5 per boy, per lunch and \$6 per boy, per dinner. That's \$16 per boy, per day and don't forget to include yourself. Save the receipts, bring them to the next troop meeting for reimbursement.
- 4) Assign duties for each member of your patrol. Make sure you understand the duties of the fireman, cook and cook's assistant. Make sure everyone knows the dish-washing process; three tubs, one with hot soapy water, one with hot clean water and one with cold water containing a cap full of bleach. Rotate the duties with each meal. **EVERYONE CLEANS UP**
- 5) Do not bark orders at your patrol during the process. If someone is not doing their job, ask them to concentrate on their task and if they refuse go to our Senior Patrol Leader for help.
- 6) Ask an adult leader if they'd like to eat with your patrol.
- 7) No one eats anything – not even a nibble – until all the food is cooked, the table is set, everyone is seated and the prayer has been said. Prayer is very important. Thanking God is part of the 12<sup>th</sup> point of the Scout Law.
- 8) When everyone is finished, the clean up begins. No one has free time until the entire site is clean. Dishes washed and put away, cooking gear washed and stowed, all trash picked up and thrown away and you Senior Patrol Leader has inspected the site.

Any hitch in this process – including abuse of equipment, fire or patrol members will cause you not to pass this requirement. This is why, again, it is important that you talk to you patrol members to ensure their cooperation. Good Luck.